WHAT IS CLAIMED IS:

- 1. A lubricant which comprises an aqueous solution containing a saccharide in an amount of 0.5-30% by mass based on the total amount of the aqueous solution, said saccharide comprising a sucrose and a disaccharide caramel in an amount of 0.2-20% by mass based on the amount of the sucrose.
- 2. A lubricant according to claim 1, wherein the sucrose is granulated sugar or crystal sugar.
- 3. A lubricant according to claim 1 which contains sodium laurate and/or potassium laurate in an amount of 0.001-1% by mass based on the total amount of the aqueous solution.
- 4. A lubricant according to claim 2 which contains sodium laurate and/or potassium laurate in an amount of 0.001-1% by mass based on the total amount of the aqueous solution.
- 5. A lubricant according to claim 1 which contains potassium sorbate in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 6. A lubricant according to claim 2 which contains potassium sorbate in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 7. A lubricant according to claim 3 which contains potassium sorbate in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 8. A lubricant according to claim 4 which contains potassium sorbate in an amount of 0.1-3% by

mass based on the total amount of the aqueous solution.

- 9. A lubricant according to claim 1 which contains benzotriazole or an alkali metal salt thereof in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 10. A lubricant according to claim 2 which contains benzotriazole or an alkali metal salt thereof in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 11. A lubricant according to claim 3 which contains benzotriazole or an alkali metal salt thereof in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 12. A lubricant according to claim 4 which contains benzotriazole or an alkali metal salt thereof in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 13. A lubricant according to claim 5 which contains benzotriazole or an alkali metal salt thereof in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 14. A lubricant according to claim 6 which contains benzotriazole or an alkali metal salt thereof in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.
- 15. A lubricant according to claim 7 which contains benzotriazole or an alkali metal salt thereof in an amount of 0.1-3% by mass based on the total

amount of the aqueous solution.

16. A lubricant according to claim 8 which contains benzotriazole or an alkali metal salt thereof in an amount of 0.1-3% by mass based on the total amount of the aqueous solution.